



Tessa Bradon

Consultancy and Coaching experience

Tessa believes passionately that leaders provide powerful role models for their people. They create their organisation's culture and inspire their people to achieve, so support and development for leaders has a hugely beneficial impact on business performance. She has 15 years experience working as an Executive coach and particularly uses current and future events in the individual's working life as opportunities for learning and change. She helps leaders to understand themselves and authentically express their leadership style, supporting them to transition successfully into new and more senior roles. She believes coaching encompasses working with the whole person and how they live their life, including how to create the conditions they need to be resilient and maintain their energy. She aims to create the environment for the individual to think well, to be resourceful and to have access to wider choices, working with their inner voice, supporting them to be their authentic selves at work.

She has worked for a wide range of clients including Marks & Spencer, Inbev, Care UK, Imperial NHS Healthcare Trust, Department of Health, Cancer Research UK & Child Bereavement Charity.

Her recent assignments include:

- 🌀 Coaching newly appointed Operations Director to develop his unique leadership style and successfully plan his first year in the role
- 🌀 Coaching senior clinical specialist in extending her range and style to work with a variety of stakeholders
- 🌀 Coaching high potential Sales Director to effectively develop his team
- 🌀 Coaching R& D Director to develop his leadership skills
- 🌀 Facilitating strategic planning workshops for not for profit organisations

Line management experience

Prior to her coaching career, Tessa worked as a management development consultant, designing and managing a wide range of consultancy projects in management development, development centre design, assessment & selection, internal consultant development & culture change. Her early career was in retailing, principally with Burton Group, as a buyer, and store manager.

Background

Tessa has a BA in English Studies from Nottingham University, she is a Fellow of the Chartered Institute of Personnel & Development, has an Advanced Diploma in Executive Coaching, a Business Practitioner certificate in NLP and is qualified to use level B psychometric instruments particularly MBTI & FIRO-B.