



## Amelie Winhard-Stuart

### **Consultancy and Coaching experience**

For the last 20 years Amelie has her private practice in UK and Germany after a career in various management functions in international corporations.

As an Executive Coach Amelie has worked for many years with senior executives from all over the world. In addition she designs and delivers tailored behavioural change support workshops and works on coaching skills training events.

Her experience as an executive and as a coach gave her the opportunity to witness the power of coaching which allows senior executives to boost their existing talents, explore and develop their untapped resources and possibilities, and thus create breakthrough for themselves and their organisation. Amelie comes from a humanistic psychology background and prefers a personal and practical approach which focuses on strengths in order to kick start a positive spiral of success for the client whose comfort zone is expanding with the growth of his/her achievements, ideally accompanied by a balanced lifestyle.

Among her clients are Hewlett Packard, Bank for International Settlement in Switzerland, Johnson & Johnson and Schering to mention just a few.

### **Line management experience**

Her career in the corporate world gave her sound business experience especially in training, personal- and organisational development as well as in Human Resources Management. As Personnel Director and a member of the board she contributed to strategic planning, organisational restructuring and was involved in crisis management. She worked for OTTO Versand, Hamburg, Johnson the Family Company and Ashridge Management College. UK

### **Background**

Amelie works in association with SWAN.

After an apprenticeship in industrial commerce she graduated as Diploma Volkswirt (MA Economist) from TU Berlin.

She is continually developing her professional competences and is certified in many psychometric instruments like MBTI, FIRO, Big 5 CPI and various 360° .

She is a member of the British Psychological Society, EMCC and different international networks.

Her coaching languages are her native German and English.