



Daphna Horowitz

Consultancy and Coaching experience

Daphna is passionate about working with people to create their personal success story. Having experienced a major career change herself, from Actuary to Executive Coach, Daphna is passionate about coaching people to living with purpose and fulfilment. Her specialty is in working with clients to create a life of balance and fulfilment, taking a holistic approach, while unleashing their full potential.

Before establishing her coaching career, Daphna had extensive experience working within the corporate environment in the field of Actuarial Science, as part of a dynamic team specialising in Product Development, Consulting and Marketing (Swiss SA Reinsurance and Alexander Forbes Healthcare Consultants). In addition, she has lectured in Actuarial Science to undergraduates and post-graduates at Wits University and run her own Actuarial Consulting Company and Corporate Event Management Company.

She currently has a varied coaching practice which includes one-on-one Personal & Executive Coaching, Team Coaching and Workshops, Group Facilitation, Speaking and Training. She has worked with various organisations and her current clients include Investec, PTi International and Results Workplace Coaching.

Recent assignments include:

- 🌀 Coaching CEOs, Directors and Entrepreneurs
- 🌀 Consulting with companies to create a coaching policy for use within their organisation
- 🌀 Facilitating group discussions at conferences and team workshops
- 🌀 Training managers to be coaches within organisations
- 🌀 Coaching and Mentoring in-house coaches within organisations
- 🌀 Designing and Leading team/group workshops according to clients' specifications

Line management experience

Daphna has worked extensively in her Actuarial career within the corporate environment, first in Product Development and later as an Actuarial Consultant helping organisations create well-balanced internal health care solutions. This involved working at Director level with a team of marketing and other specialist consultants. Daphna has also consulted in legal matters requiring specialist actuarial input.

Background

Daphna is an Associate Certified Coach (ACC) with the International Coaching Federation (ICF). She has undergone extensive training in the areas of executive coaching and general coaching skills. She has a BSc Honours degree in Actuarial Science (Wits) and is a Fellow of the Institute of Actuaries (UK) and a member of the Actuarial Society of South Africa (ASSA). In addition, Daphna is certified in counselling in the areas of bereavement and marriage preparation.