



# Esther Pérez

## Consultancy and Coaching experience

“Take awareness about your own values then you will have your own branded Leadership”, Esther bases her work of contributing to leaders’ success in transforming their organizations, teams and individual capabilities, on these principles.

Esther has extensive experience (16 years+) in Organisational Design and Development, Leadership Development, Coaching, Change Management, Talent Development, HR Strategy.

The expertise she offers has been developed throughout her experience of working with Senior and Middle Managers, Operators and Technicians in a variety of organisational contexts.

Esther has a long and rich experience as a coach; trainer and consultant. Some companies Esther has worked with are:

- Arbora Ausonia, Banco Atlántico, Bimbo, Bosch Sistemas de Frenado, Cadbury, CEMESA, COMESA (Grupo PEGASO) Conforama, Coty Prestige, Grupo Glaverbel, Grupo Almesa, Grupo ATRA, Grupo Cantalou , Grupo Danone, Fontvella,
- GSMA, Indo International, Intermarche, La Sirena, alimentos congelados, Laboratorios Esteve, Levi Strauss España, Nestlé España, Novartis Nutrition & Santé , Orange Group FT, Renault España, Sunny Delight, Swets Information Service, Valeo Motores...

## Line management experience

Esther spent more than 14 years as a manager in national companies Leiter and Lesuie in Spain and International Companies, MOA Group BPI (consultancy), Group EU (financial). In these companies she has lead national and international projects and worked extensively in France and Portugal.

## Background

Esther has degree in Clinical and Industrial Psychology, her Post Graduate degree is in Human Resource Development through Barcelona University. She holds a Diploma of Investigator (D.E.A.). from the Social Psychology’s department (Barcelona University) on Direction by Values and Leadership. She is currently working on her PhD.

As coach Esther is certified by the Escuela Argentina de Especialización in Coaching Profesional Ontológico, guaranteed by James Selman, (CEC) also in the French model of Vincent Lenhart. She is a founding member of the first group for supervision and mentoring of Cristina Naughton in Spain. In parallel Esther deploys teaching activities at the Universitat Oberta de Catalunya (UOC) and in Universitat Pompeu Fabra (IDEC), also in the Business School of Toulouse (ESEC) and she also collaborates in the course for Certification in Ontology Coaching offered by CEC in Spain.

Esther is a partner-founder of AEPCO (Spanish Association of Professionals of Coaching Ontológico)